18TH FEBRUARY 2026 **11AM - 1PM**

R-Dental

WHERE CARE COMES FIRST
PCN 1W
NHS BARNET

Children's Oral Health *Workshop*



This event focuses on promoting healthy smiles for children aged 3–12 by highlighting the importance of good oral health from an early age. Families will gain simple, practical knowledge to support strong teeth, healthy habits, and confident smiles as children grow.





TOPICS

- Children's oral health
- Importance
- Diet & sugars
- Dental cares and tooth loss
- Oral diseases & common syndromes
- Brushing habits
- Prevention
- Treatment



This session will conclude by outlining three clear pathways for accessing dental care, ensuring families are aware of all available options

Large Meeting Room
Everglade Medical Practice
Graham Park Health Centre,
The Concourse, London,
NW9 5XT